

SPRING 10
WEIGH IN
WEDNESDAY



Tonight, and every Wednesday.

4:30 – 5:30pm.

Forest E. Wyatt Center - Room 130.

What we do in WIW ...

- *Recipe of the week;*
- *Sample products;*
- *Discuss healthy eating habits;*
- *Motivation to keep on track!*

For more information:

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Healthy Campus/Community Initiative

